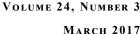
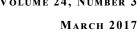
Valley Views











Pastor Mike Hill





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Dear Church family,

Thank you so much for my finals care package. I am blessed to have an amazing church family back home, and it is so nice to know that you are thinking of me while I am away at school. Thank you again!



Love, Ashlea Lovell

The season of Lent is approaching us and that means we are looking to prepare for the Easter Egg Hunt. If anyone would like to volunteer their time to help coordinate this event, please speak with Jenn Springman. Feel free to call at (570) 412-6141 if you have any questions. The Easter Egg Hunt is scheduled for April 15, 2017 at 10:00 am.



- Items for April's newsletter are due March 20th.
- Items for the weekly bulletin's need to be to the church office by
 Wednesday morning each week.

(Items received after these dates are not guaranteed to be printed.)



Have Dinner at Wendy's and Earn Money for:

Elimsport Valley UMYF

Where: Muncy Wendy's

When: Tuesday, March 21, 2017

5:00 p.m. – 8:00 p.m.

Wendy's will donate 10% of all sales from time above!

Great Food, Great Cause!

Elimsport Volunteers

Greeters for March

March 5 Les & Eleanora Lutz

March 12 Guy Mausteller & Sue

Smith

March 19 Tweet Flick

March 26 Ray Gulliver



son LIGHT HOUSE REFLECTIONS

Son Light House - 130 Carpenter Street, Muncy, PA 17756 - Phone: 546-3585 February 2017

Son Light House, established in 1982, is a non-profit, ecumenical, and community-supported resource that distributes food, clothing, and limited furniture to individuals and families in need and that qualify on family income guidelines set up by state and federal policies. Son Light House serves individuals and families in eastern Lycoming County. Son Light House is an equal opportunity provider.

The Lord God keeps faith forever, secures justice for the oppressed, gives food to the hungry. (Psalm 146:6-7). The Lord does amazing things; however, we are necessary participants in keeping faith forever. We need to give food to the hungry and advocate to change society so that hunger and poverty are eliminated.

Households and Individuals Served

	Households	Individuals	New Hlds.
Nov	653	1,677	15
Dec	703	1,821	11
Jan	516	1,264	9

Son Light House - for All Ages

	Children	Adults	Seniors
Nov	526	792	359
Dec	611	843	367
Jan	361	594	309

Volunteers are needed – New blood and ideas are needed. The number of volunteers and available Board members decline. Can you help? Contact Ken and Delores Frey at 546-3585.

Monthly Average of Recipients Increased in 2016

The average number of households coming each month to Son Light House in 2016 was 601 representing 1,467 average monthly recipients. These figures represented a slight increase over the previous year.

New Households in 2016

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A total of 121 new households came to Son Light House last year for assistance. Needs come and go depending on individual, family, and societal circumstances.

Raise the Region 2017 - Support Son Light House

On Wednesday, March 8th at 6:00 PM through 11:59 PM on Thursday, March 9th you are encouraged to visit www.raisetheregion.org — an initiative of the First Community Foundation Partnership of Pennsylvania — and select Son Light House as your choice to support.

Christmas - Many Helping Hands

Many contributed in various ways to the Christmas distributions of food and gifts to families and individuals. Among those helping were Meagan Murray and those supporting Meagan's Box; the volunteers and supporters of Touch a Heart; and Clara and Kent Bennett. The support received from many individuals, families, churches, as well as business and civic organizations was heartwarming. "Thank you" was the constant refrain from the recipients.

"Thank You" to These Recent Supporters

Individuals and Families who have recently supported Son Light House include: Dean and Joy Barto, Kermit and Maryann Breon, Wilma Fish, Bob and Lana Forse, Don and Amy Gardner, Rev. Mike and Sally Gardy, Mr. and Mrs. Harold Geise, Kenneth and Tolanda Geromi, Nate and Kathy Grenoble, Richard Hafer, Cleason and Joanne Hall, Philip and Donna Hartranft, Lee Ann Hawk, Polly Hess, Pastor Michael Hill and family, Jeff and Helen Hiserman & family, Oliver and Pat Holmes, Howard and Rachel Langdon, Dan and Melinda Ludwig, Susie Machuski, Gene and Carol McCarty, John and Pat Merrifield, Robert Mertz, David Moyer, Jim and Betsy Mothersbaugh, Meagan Murray, Anita Nagpal, Mary Lou Nelson, Arlene Opp, William and Mary Lee Povish, Paul Rovinski, Ed and Geri Schnure, Sandra Schreiber, Carol Sones Shetler, Paul and Donna Shaner, Mary Shelinski, Deborah Smith, Jennifer Souter, Rodney and Karen Spring, David and Kathryn Taggart, Paul Taran, Dave and Joan Wallis, Rev. Max and Diann Walters.

Churches and Church Organizations for their recent support: Bethany United Methodist Church (UMC), Hughesville; Church of the Resurrection, Muncy; Christ

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UMC, Hughesville; Clarkstown UMC; Ecroyd Missionary Circle, Muncy; Elimsport UMC; First UMC, Muncy; Hughesville Baptist Church; Kedron UMC, Hughesville; Lungerville Christian Church, Unityville; Messiah Lutheran Church, Clarkstown; Mill Creek UMC, Montoursville; Moreland Baptist Church, Muncy; Mt. Zion Lutheran Church, Hughesville; Muncy Presbyterian Church; Our Lady of Lourdes Church, Montoursville; Picture Rocks UMC; Pleasant View Wesleyan Church, Muncy; St. Andrew Lutheran Church, Muncy; St. James Episcopal Church, Exchange and Muncy; St. James Lutheran Church, Muncy; St. John's Lutheran Church, Montgomery; St. John's UMC, Elimsport; St. Marks Church, Lairdsville; Trinity Lutheran Church, Hughesville; Trinity UMC, Pennsdale; United Methodist Women, Muncy; Upper Susquehanna, ELCA;

Community-Businesses and Organizations that recently made generous donations of money, food, or services include: American Legion Post #35, Hughesville; American Legion Post #268, Muncy; Andritz, Muncy; Sheila Barto's Jewelry & Gifts, Hughesville; Blaise Alexander Chevrolet, Muncy; Bon Ton Store, Lycoming Mall and York; Chief Oil and Gas LLC, Dallas, TX; Construction Specialties, Muncy; Construction Specialties Retirees, Muncy; Kiwanis Club of Muncy; Hunersville and Pennsdale Senior Citizens; Lime Bluff Windwizards, Hughesville; Mapleton Community Center, Hughesville; Michael Insurance Agency, Muncy; Muncy Bank and Trust Company, Muncy; Muncy Garden Club; Muncy Legion Auxiliary; Muncy Pinochle Club; Muncy Valley Lodge #866 - Boyal Order of Moose, Hughesville; O'Connor Plumbing and Montgomery; Picture Rocks Lions Club; Preceptor Delta Lambda, Montoursville; 39 Plus Club, Hughesville; Spring Window Fashions, Montgomery and Middleton, WI; Turkey Hill Minit Market, Muncy; Weis Markets, Muncy; Woodlands Bank, Williamsport

Schools and Youth Groups for their recent support: Ashkar Elementary School, Hughesville; East Lycoming Jr-Sr. High School, Hughesville; Ferrell Elementary School, Hughesville; FBLA – Muncy Jr.-Sr. High School; Myers Elementary School, Muncy; Renn Elementary School, Lairdsville;

Son Light House Hours of Operation:

Donations:

Every Monday, Thursday, and Saturday 7:30-10:00 a.m. Food, clean, usable, seasonable clothing, toys, and furniture may be donated only at this time.

Distributions:

Every other week on Wednesday from 9:30 - noon and Thursday 5:30 - 7:30 p.m.

Distribution Dates:

February 8+-9+, 22-23

March 8+-9+, 22-23

April 5+*-6+*, 19-20 * Easter distribution

May 3+-4+, 18-18

June 7+-8+, 21-22

+ Senior Boxes - for eligible seniors

How Can I/We Help?

Prayers, volunteers, money, and food donations – especially cereal -- are always needed. For more information or to get involved, contact Son Light House by calling Ken and Delores Frey at 546-3585.

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St. John's Methodist Church 715 Pikes Peak Rd Allenwood PA 17810

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FEBRUARY NEWSLETTER

February, 2017 Issue 1

SOJOURNER TRUTH MINISTRIES INC.



Volume One

By Derecia Kelly

Welcome to the first issue of the Sojourner Truth Ministries 2017 Newsletter. This bulletin provides schedule and event information. It contains a "Meet The Team Member" section, as well as a few spiritual articles.

Inside This Issue

What's happening at S.T.M.	1	
Meet [Ms. Althea & Pastor Christine]	2	
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What's happening at S.T.M.?

Here at STM we help people every day. Here are just a few positive events we have to share with you.....

- · Every Tuesday we distribute fruits and vegetables
- Every Wednesday we distribute bread and pastries
- Bible Study is held every Wednesday from 6 pm to 7:30 pm.
- Prayer Study is held on every Thursday from 6 pm to 7:30 pm.
- Monday through Friday we distribute kids snacks, both breakfast and after school.
- Sojourner Truth serves a hot meal Monday through Sunday
- Saturday Cafe schedule is available at www.stmwilliamsport.org

Do you know how STM serves your community on a daily basis?

Workers from the Wake Up House dedicate countless hours every day. Serving meals, cleaning up STM, and sorting through your gracious donations are just a few tasks.

We have many workers from Experience Works, STEP Inc, Career Link, and many other community service workers who aid in running STM. We have our Clothes Closet which receives the clothing donations, our pantry in which we receive food donation that helps us to feed the people in our community.

We have two wonderful Social Service Assistants who help service the needs of our patrons, which includes but not limited to, assisting in job applications, searching for housing opportunities, just to name a few.

DID YOU KNOW!

Sojourner Truth Ministries gave out over 300 gifts this Christmas season, to adults and children of our community. We truly thank everyone for all their time and donations that we were blessed with, it truly made a lot of people happy.....

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Newsletter

Meet [Althea Gaines]

Ms. Althea Gaines is Sojourner Truth food closet attendant. She has donated countless hours to keep things running smoothly. She has been a volunteer since 2014, thank you for all you do at S.T.M.

Q: How did you come to start attending S.T.M. Cafe?

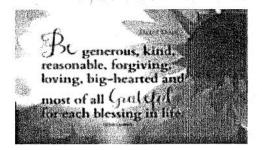
A: My daughter was already attending Sojourner's cafe and she suggested for me to come.

Q: What was your first impression of Sojourner Truth Ministries ?

A:My first impression was an overwhelming feeling. They had breakfast available, it was warm and comfortable. I came in looking looking for a hot meal and left with a place to stay, since I was currently residing in a shelter.

Q: Would recommend S.T.M. To anyone? Why?

A: Yes! Of course, there is so much love that flows through there. There is no way you can come in there and not hear about Jesus. I also know that anyone that comes here will learn a lot about the Bible and God's love for us.



Meet [Pastor Christine Carroll]

Q: What do you love most about Sojourner Truth Ministries Inc. ?

A: I enjoy the way they provide an opportunity for people to receive all different types of help and support.

Q: How have STM (if any) changed your perspective of people in this community?

A:It has allowed me to interact with different cultures. Which is something I always wanted to do in my ministry.

Q: Have you noticed a change or growth in Sojourner Truth from the time you started to attend until now?

A: Yes! Sojourner's has been able to reach more people, I have seen so many new faces coming in

and out of this building. As well as the increase of donations that helps STM do their ministries, and I have been attending faithfully since 2009, and I enjoy every moment of it.

Q: Do you remember a time that you came in STM and it was a day you will never forget?

A: In 2010 Sojourner Truth had an Black History program that I directed. That was a day to remember, it was such a grand turn out. People from all over came out, including the Mayor and his family, city council, and a host of other people. There was singing and it was just a "rocking time". A over flowing of love and fellowship.

Blessed are the meek, for they will inherit the earth.

Page 3

Newsletter

When all else fails PRAY!

Jeremiah 14:1-12 (Jeremiah 14-17)

Introduction: People tend to reach the same way when difficulties and troubles come. First they try to take care of the matter themselves with their own knowledge and skills. If that doesn't work, then they will call a friend or ask around to see who might have gone through the same thing and what did they do. Finally, in a last act of desperation people will turn to God asking Him "Why me?" "What did I do to deserve this?" "What am I supposed to do?" Then when all else fails, and there is no answer, some may then surrender themselves and their troubles to God for His intervention. Israel had gone far away from God and Jeremiah, a prophet of God, was interceding for Israel and is informed by God that it was of no use to pray for Israel for they had gone just too far and He was going to just leave them.

WHEN PRAYER DOES NOT WORK

- Prayer has a proper place in the believer's life. There is praise, adoration, thanksgiving and
 confession. There is petition and intercession for
 one's self and others. Then desperation drives
 one to God as the ultimate source of help.
- 2. Jeremiah prayer for Israel is an example of how prayer should be. (Jeremiah 14:7-10) He confessed that Israel's lives were not normal, they were sinful and had backslid. He asked God for help based on who God is and what God could do.
- 3. Jeremiah was told that it was useless to pray for Israel. (Jeremiah 14:11-12) It was no use to pray for the welfare of Israel. God refused to set aside His decree of coming judgement. The people had tried to establish a relationship with God through shallow worship. One cannot pray another into a right relationship with God, especially if he/she is not right with God him/herself. Sin in one's life must bring forth it's fruit and will in due time. God accepted no excuses for Israel's actions. (Jeremiah 14:13-16) The false prophets misled the people, telling them that all was going to be



alright. - There was no more use to pray.

(Jeremiah 14:16) - It was judgement time.

Religious leaders had failed, political leaders had failed and judgement was a coming reality, it was too late to pray. - When prayers go unanswered, it is usually the fault of the one praying, not what is being asked.

4. Prayer is misunderstood. - Prayer cannot delay or do away with judgement. - Only confession and repentance can change God's judgement. - If there is rejection of the Lord, prayer will go unanswered. - If there is continual backsliding, prayer will not be answered. - If one lives in a constant cycle of sin, forgiveness, restoration, then sins again, prayer will not be heard. - Prayer will go unanswered when God's previous chastisement has brought no positive response.

WHEN PRAYER FAILS ONLY GOD IS LEFT

- 1. Israel was beyond hope. Their depth into sin was the fundamental cause of their hopelessness. Their misplaced confidence of trusting in people instead of God brought disaster to them. Their deceitfulness of heart, corruptness and untrustworthiness brought separation from God. Their life with out God brought their instability for they were interested only in riches, goods and worldly things, giving God little, if nothing.
- 2. The only hope anybody has is in the Lord God. -God alone can deal effectively with sin. - God alone is worthy of man's ultimate, total confidence. - God alone properly judges the heart correctly. - God alone can assure and bring stability. - God alone is the ONLY source of healing and help

Faith that moves Mountains!

"Have faith in God! If you have faith in God and don't doubt, you can tell this mountain to get up and jump into the sea, and it will. Everything you ask for in prayer will be yours, if you only have faith." (Mark 11:22-24 CEV)

Faith opens the door to miracles. If you study the Bible and history, you find that every time God moves on Earth and does a miracle, it's because somebody believed.

Jesus said in Mark 11:22-24, "Have faith in God! If you have faith in God and don't doubt, you can tell this mountain to get up and jump into the sea, and it will. Everything you ask for in prayer will be yours, if you only have faith" (CEV). Faith can move mountains!

God has set up the universe in a hierarchy of laws, and the law of faith is actually a higher law than the laws of nature. That's where miracles come in. Because when faith is used, the law of faith goes into practice, and the law of faith can actually do more than the laws of physics.

Does God still perform miracles today? Of course he does. Every time you stretch your faith, God does miracles — every single time. My question for you is this: What's the mountain in your life that needs to be moved? What's the thing you've already decided will never change? That's a self-fulfilling prophecy. How do you know it won't change? Maybe God wants your faith to supersede the law of nature. He has in the past, He is doing it today all around the world. God is in the mountain-moving business. Do not doubt or underestimate what he wants to do in your life.

Matthew 13:58 says, "[Jesus] did not do many miracles there because of their lack of faith" (NIV).

You might say, "I don't see many miracles in my life." I wonder why! Are you seeing with eyes of fear, or are you seeing with eyes of faith? Faith opens the door to miracles.

On the mountain, Jesus revealed his divine glory to Peter, James, and John. The four had just rejoined the rest of the disciples and the ever-present, clamoring, curious, constantly needy crowd when a desperate father threw himself before Jesus and pleaded,

> "Lord, have mercy on my son, for he is an epileptic and he suffers terribly. For often he falls into the fire, and often into the water. And I brought him to your disciples, and they could not heal him." (Matthew 17:15–16)

Jesus's response must have caught everyone offguard:

> "O faithless and twisted generation, how long am I to be with you? How long am I to bear with you? Bring him here to me." (Matthew 17:17)



Page 5 Newsletter

How to love the Unlovable....

What comes to mind when you think of the word love? I think it's safe to say that for most people, the word love brings to mind our spouse or significant other, family, friends, people we admire or people who are just plain adorable. Those types of love—romantic love, familial love and friendship love are indeed beautiful and important. But when we look at this world we live in, and how things like selfishness, indifference or hate have caused so many problems—How will there ever be reconciliation and peace in a world where people only love their friends or those who are easy to love? Things won't change unless we love even the unlovable, and practice a different kind of love, the kind that God teaches us to practice—a selfless, sacrificial love. God's love. Otherwise known as Agape. I might be preaching to the choir here, for those who know the bible and obey Jesus. But even Christians sometimes need a reminder to love those who are difficult to love. Or we need a reminder on how we can love people who are difficult to love. Here are seven ways to love the unlovable. To make these easier to remember, I ordered them into the acronym UPLIFTS.

Understand why they act the way they do by considering their background and life experiences. Sadly, negative events or the way a person was raised can shape people negatively. Like the old saying goes, you can't really understand someone fully until you've walked a mile in their shoes. Also keep in mind that all human beings are fallible, and we all have our own weaknesses or faults.

Pray for them. This, of course, is what Jesus tells us to do. And it really is amazing how praying for someone or something causes our own heart to change for that person or issue. When we sincerely pray for someone, we begin to have a heart for that person, a true concern for their well-being and a desire for their highest good. It may be difficult, at first, to pray for a mean or unlovable person. But prayer is exactly what a person like that needs, don't you think? And remember, God can work miracles, so don't give up on someone or write them off as hopeless.

Look at them through God's eyes What do I mean by that? As I mentioned before, sometimes certain experiences in a person's life change who they really are, or harden their heart. Everyone has an original design — qualities and gifts that God gave us when He created us. Unfortunately, when a person is wounded or broken, they aren't walking in their original design. So try looking at people through God's eyes, and see the person God created, rather than the hardened person they have become.

Impart God's love and grace. We all know how difficult it can be to love certain people. This is where we need to choose to love them, with God's love. Remember that all people are created in God's image, and He loves even that person you see as unlovable. So we can be a vessel of God's love. This is what changes hearts and wins people for God. It is God's goodness and kindness that leads people to repentance (Romans 2:4), not arguments, lectures or "punishing" people by the way we treat them. So if you want that unlovable person to change, a good start is to love them with God's love.

Forgive them. Yes, it can be very difficult to forgive people who have hurt us. But do you really want to live with anger, bitterness and resentment? As Christians, we are commanded to forgive others, as God forgave us. (Ephesians 4:32) Keep in mind, forgiving people doesn't mean condoning their actions. It means letting go of your bitterness and resentment toward that person, or a desire for revenge, and handing it over to God. Let God do His job. Forgiveness changes our own heart and attitude and it allows us to move forward and be right with God.

Treat them the way you like people to treat you. This is another action that changes hearts. Treating an unlikable person the way you like to be treated has a way of changing the spiritual atmosphere, instead of continuing the cycle of negativity. This goes along with operating in the opposite spirit, as I talked about in a previous post. Even if you feel they don't deserve kindness, treating them the way you like to be treated or moving in the opposite spirit plants a seed with people, and sometimes causes them to rethink their own actions, as the Holy Spirit brings conviction. Imagine a world where everyone practiced the Golden Rule. We can start by practicing it ourselves.

Serve them. "Serve them?" you ask. "Are you crazy, I don't even like being around this person!" Yes, serve them, the way Jesus served others, which teaches us about love and humility. Serving someone is one way of showing love, and a sincere act of servant-hood can soften hearts and plant a seed with people, that can later grow.

Page 6 Newsletter

Being Sensible!

Being Sensible When Making Our New Years Resolutions:

1. Resolving Sensibly-

COLEGY SHIPS, OUR FROM THOSE COMMINDERS SCIENCE VANILEDS

We must be sensible, reasonable, in making resolutions. If we set ourselves about the business of hastily making resolutions as the result of our grand illusions of sinless perfection, it is likely that we will not merely fail in our attempt to keep such resolutions, we will likely be less inclined to make any further resolutions for similar desired ends. We must go about making resolutions with genuine prayer and thorough study of God's Word. Our resolutions must be in accord with the Word of God; therefore, any resolution we make must necessarily allow us to fulfill all our particular callings in life.

2. Resolving Dependently

We think that once we become dependent on God, then we will have immediate strength. They mimic the world's mantra: "Whatever doesn't kill me will make me stronger." We must understand that in being able to do all things through Christ who strengthens us means that we must depend on His strength continuously in order to do all things and to keep all our resolutions (Ephesians. 3:16;Col. 1:11). In truth, whatever doesn't kill us, by God's conforming grace, makes us weak so that in our weakness we will rely continuously on the strength of our Lord (2 Corinthians.12:7–10).

3. Resolving Humbly-

In making resolutions for the glory of God and before the face of God, we must not come into His presence pounding our chests in triumphal arrogance as if God must now love and bless us more because we have made certain resolutions to follow Him more. In reality, the Lord in His providence may choose to allow even more trials to enter our lives; in His unchanging fatherly love for us, He may decide to discipline us even more in order that we might more so detest our sin and delight in Him. We should approach Him in humble reliance on His grace as we seek not merely the blessings but the one who blesses.

4. Resolving For Christ's Sake

"So far as they are agreeable to his will for Christ's sake." We cannot resolve to do anything with a presumptuous attitude before God. The whole matter of making resolutions is not just goal setting so that we might have happier lives. We are called by God to live according to His will, not our own—for Christ's sake, not our own—for it is not unto us but unto Him that all glory belongs (Psalms.115:1).

By: Andrea Sartori

SPECIAL THANKS..... UPCOMING EVENTS

- We would like to thank everyone who came out and helped with the gift wrapping this year. You were truly a blessing to many...
- Pastor Christine Carroll for all your time during this Christmas season. Pastor Christine organized all gifts and donations. We truly thank you for all your time and energy spent this holiday season.
- 3. To the Miele family for their generous donation during this Christmas season.

UPCOMING EVENTS

- Be on the look out for Raise the Region Event, March 8-9, 2017. This has proven to be a valuable fundraiser for Sojourner Truth Ministries in the past.
- February 19, 2017 we're having a Tri-State day of fellowship at 5:00 pm here at Sojourner Truth Ministries. All are welcome!

To all the gracious volunteers who comes out and donate their time and effort, in assisting Sojourner Truth Ministries to help our community.

Kid's Corner



ELIMSPORT VALLEY UNITED METHODIST PARISH

Worship Schedule:

Elimsport UMC

Worship 9:00 am Sunday School 10:30 am

St. John's UMC

Sunday School 9:15 am Worship 10:30 am

Parish Youth Group

Check weekly Bulletin for current schedule and events (at Elimsport)

Parish Bible Study

Varies according to the season.



Parish Office: 16145S. RT 44 HWY

Allenwood, PA 17810

Parsonage Phone:

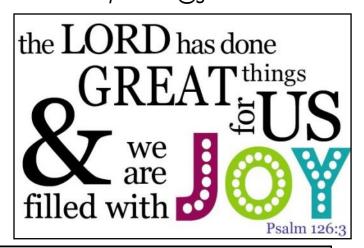
(570) 547-1386

Pastor Mike's Cell:

(570) 974-8590

Parish Website: www.evpumc.org

Parish email: elimsportumc@gmail.com



Our Mission Statement at Elimsport UMC



We gather together as a community of Christian believers to worship, fellowship, and to learn more about God. By the unity of the Spirit and the support of each other, we are able to reach out to the community and the world.

Our Mission Statement at St. John's UMC



The purpose of St. John's is to both evangelize and nurture. We are called to show God's love in our world by giving aid and by spreading the Good News of Christ. We in turn provide an atmosphere for nurturing where Biblical truths are shared enabling people to become spiritually enriched. By providing this, people will learn and through learning, become more effective witnesses.