# Valley Views



NOVEMBER 2025



# Greetings,

I want to share with you a spiritual practice that came from a spiritual renewal group that I have been involved with for many years and has helped me a lot. I hope you will give it a good read through.

Pastor Dave

**Start With Silence** – The fall is the perfect time to hit the pause button and resist the urge to give into the hysteria of the holiday gauntlet (Thanksgiving, Christmas, and New Years). For the next three months, let's practice being "unhurried." A few thoughts, a prayer, and some action steps are below. May you live in an unhurried rhythm this holiday season!

Hurry is not just a pace problem—it's a heart problem. Dallas Willard famously told John Ortberg, "You must ruthlessly eliminate hurry from your life. Hurry is the great enemy of spiritual life in our day."

When we live in a constant state of hurry, our souls become thin and brittle. We may get things done, but we lose the very thing that gives those things meaning. Love, joy, and peace—the fruit of the Spirit—are all incompatible with hurry. Love takes time. Joy requires presence. Peace flows from trust.

John Ortberg reminds us that busyness does not equal fruitfulness. The hurried life keeps us skimming along the surface of life, never still long enough to notice God at work. We fill every moment with noise and motion, leaving no room for stillness, wonder, or prayer.

John Mark Comer builds on Willard's insight in The Ruthless Elimination of Hurry, warning that if the devil can't make you sin, he'll make you busy. Both sin and hurry do the same thing: they cut us off—from God, from others, and from our own souls. But Jesus lived at a sacred pace. He never rushed, never hustled, never panicked. He walked slowly enough to notice the hurting, to pray often, and to rest deeply.

To follow Jesus means more than believing what He believed—it means living how He lived. That means slowing down, embracing Sabbath, practicing silence, and allowing space for God to reorder our hurried hearts.

#### Prayer:

Lord Jesus, gentle and unhurried, teach me to walk at Your pace. Deliver me from the tyranny of hurry from living as if everything depends on me.

Help me choose presence over performance, stillness over striving, and love over productivity.

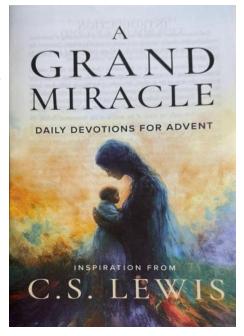
Train my soul to rest in You, so that I may move through this world unhurried and fully alive in Your Kingdom.

Amen.

#### **Practice for This Fall Season**

	Take five minutes of silence before starting your day.
	Breathe slowly. Whisper: "I am not in a hurry. Christ is with me."
П	Notice how your soul responds to stillness, Journal your discoveries.

Advent begins on Sunday, Nov. 30th. A devotional entitled "A Grand Miracle" is available for you to use as you prepare to observe the coming of God made flesh in Jesus. This is the most incredible event in all of human history, God choosing to become one of us and to do life with us. In Jesus, God now had a face, and in Jesus we received the last word in what God is like. We all need a help like this. Pick one up on the table at the rear of the Sanctuary and share it with your family.



Thank you for being so generous for Footprints of Montgomery!!! We gave 340 pounds of food and \$270.00 in donations. Your generosity is amazing!!!



The "Super Soup Makers" want to thank everyone for their orders and making this fundraiser a success. We appreciate that you showed faith in us on our maiden voyage of figuring out how to make Chicken Pot Pie in massive quantities. We learned a lot and hope to have a more improved product in the future. We, as a group, were not 100% satisfied with this batch of pot pie and are hoping that our

customer base will be patient with us as we learn and grow in our pot pie making efforts. I am sure the other soups were good, as they were fan favorites from past events. Thank you all for your support!



A Facebook page for our churches has been set up. It is called Elimsport Valley Parish. Use it for announcements and news of upcoming

events and other information to edify our life together.



Charge Conference will be held at St. Andrews UMC,

102 Lower Market St., Milton on Saturday, Nov. 1 at 11:30am. This is a yearly visioning gathering for our district churches at which we also finalize business for the year. It is very important for us to have representation from each church. This yearly gathering will be led by our District Superintendent, Rev. Daniel Wilt. It will be held as a church conference, meaning all members are welcome to attend.

PPRC Committee
Meeting Scheduled
for Monday, November17th, at 6:30pm
at the Elimsport
Church. PPRC Committee members
are: Lauren Bryson,



Christa McCormick, Retta Moore, Jeremey Kennedy, Fred Kennedy and Donna Satteson.

Calling all college kids! Please give any names of college kids to Christa or Sharon. We don't want to miss anyone. College care packages will be ready for pickup on November 22nd.



Any monetary donations are appreciated. Please keep our college kids in your prayers.



Apple dumplings are back! St. John's will be having an apple dumpling sale on Tuesday, No-

vember 11th. The apple dumplings are \$5.00. There will be sign up sheets at both churches. Pick up time will be from 1-3pm. Please note that it is a Tuesday and not Wednesday. Anyone wanting to help Monday or Tuesday, let Gloria know. Thanks!



# Various means to keep updated:

website: evpumc.org

Face book: Elimsport United

Methodist Parish

Electronic sign at Elimsport church

email Pastor Dave: dshultz@susumc.org email church: elimsportumc@gmail.com

Call Pastor Dave: 570-547-1162

Text Pastor Dave: 570-439-0004 (please

identify yourself when texting)

Be pro-active in getting the word out to others in the church.

Please be sure to check the church website <a href="mailto:evpumc.org">evpumc.org</a> and Elimsport United Methodist Parish face book for up to date church news.

If you would like to have the monthly newsletter emailed to you, please let us know by putting your name and email address on the sheet on the table at the back of the Sanctuary.



- Items for December's newsletter are due November 20th.
- Items for the weekly bulletin's need to be to the church office by Wednesday morning each week.

(Items received after these dates are not guaranteed to be printed.)

Wednesday morning breakfast at the Elimsport church is Wednesday mornings, from 7:30 am to 9:00 am. Please note time change.





Brad Laidacker is in Valley View Rehab and Nursing Home, at 2140 Warrensville Road, Montoursville,

Pa.17754. He would appreciate prayers, cards and visits.

The next blood drive will be on Tuesday, **November** 25th from 2-7 at the Elimsport fellowship hall.



Elimsport Ad Council meets the second Monday of the month at 6:30.

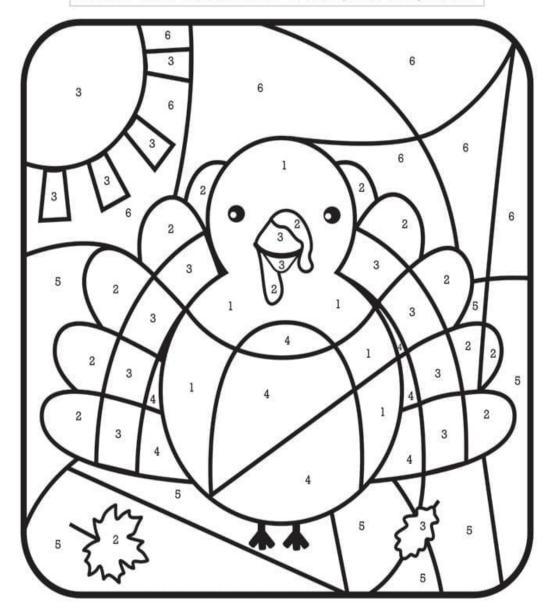




St. John's Ad Council meets the second Thursday of the month at 6:30.

# Kid's Corner Color-By-Number

Use the color codes below to complete the picture.



- 1. brown 3. yellow 5. green
- 2. red 4. orange 6. blue

# ELIMSPORT VALLEY UNITED METHODIST PARISH

#### **Worship Schedule:**

# **Elimsport UMC**

Worship 9:00 am Sunday School 10:30 am

#### St. John's UMC

Sunday School 9:15 am Worship 10:30 am

# **Parish Youth Group**

Check weekly Bulletin for current schedule and events (at Elimsport)

# **Parish Bible Study**

Varies according to the season.

GIVE Thanks
to the LORD,
FOR HE IS GOOD:
HIS LOVE ENDURES
FOREVER!

**Parish Office:** 16145S. RT 44 HWY Allenwood, PA 17810

**Parsonage Phone:** (570) 547-1162

**Pastor Dave's Cell:** (570) 439-0004

Parish Website: www.evpumc.org

Parish email: elimsportumc@gmail.com





#### **Our Mission Statement at Elimsport UMC**



We gather together as a community of Christian believers to worship, fellowship, and to learn more about God. By the unity of the Spirit and the support of each other, we are able to reach out to the community and the world.



#### Our Mission Statement at St. John's UMC

The purpose of St. John's is to both evangelize and nurture. We are called to show God's love in our world by giving aid and by spreading the Good News of Christ. We in turn provide an atmosphere for nurturing where Biblical truths are shared enabling people to become spiritually enriched. By providing this, people will learn and through learning, become more effective witnesses.